



## Travel stuff:

- Passport/visa
- Driver's License or ID
- Plane tickets
- Any permits (hiking, etc.)
- Cash/Credit Cards
- Printed out reservation confirmations
- Travel Insurance confirmation (if you have it)

*Note: I always like to have print outs AND screen shots of important documents, just in case.*

## Toiletries:

- Toothbrush/toothpaste
- Shampoo/Conditioner/Hair products
- Hair brush
- Straightener/Curling Iron
- Body wash
- Deodorant
- Face wash
- Face wipes
- Moisturizer
- Chapstick
- Contact case and solution
- Glasses and case
- Eyedrops
- Makeup
- Feminine Hygiene Supplies
- Lotion
- Perfume/Body Spray
- Condoms
- Razors/Shaving Cream
- Medications
- Sunscreen + Bug Spray
- Hand sanitizer
- Travel size tissues

*Note: Always check your airlines restricted items list if you are flying!*

## Technology:

- Phone charger
- Outlet converters (if you need them)
- Camera AND camera chargers
- Bluetooth Speaker
- Extra SD cards
- Headphones
- Laptop AND charger

## The basics:

- Sunglasses
- Underwear/Bras
- Socks (always bring extra)
- Tops
- Pants/jeans/skirts/whatever (bottoms)
- Stockings/tights
- Layerable jackets/cardigans
- Pajamas
- Shoes (a simple pair you can wear with every outfit, walking shoes, flip flops)
- Swimsuit/Cover-up
- Cross-body purse WITH zipper
- Hats
- Belts
- Jewelry

*Note: Do your research and be respectful of whichever culture you are experiencing.*

## Miscellaneous:

- Travel journal and pens
- Water bottle
- Trash bags (good for dirty laundry, packing shoes, etc.)